

Semen Analysis

A semen analysis includes a determination of the sperm count (number of sperm), motility (percent of moving sperm) and morphology (percent of normally shaped sperm).

Semen analyses may be performed at either USC or a private fertility clinic.

At USC, they are performed at either Norris or Verdugo.

Norris Comprehensive Cancer Laboratory
1441 Eastlake Avenue
Los Angeles, CA 90033

Verdugo Hills Hospital
1808 Verdugo Blvd, Suite 109
Glendale, CA 91208

- For Norris:
 - ✓ Check in at Norris Admitting area located in the Norris Lobby.
 - ✓ An appointment is required. These can be made by calling: 323-865-3300.
- For Verdugo:
 - ✓ No appointment is needed. The samples must be received by 11 am. The lab is closed from 12:30-1:30 for lunch. Bring them directly to the lab (Room 109). The phone number for the lab is 818-952-2225.
 - ✓ If there is a line, go to the front of the line and say that you have a “time sensitive specimen”.

For specimen collection, you have 2 options:

- 1) Produce a sample at home and drive it in to the lab
 - ✓ Samples need to be delivered to the lab within 30 minutes of being produced; after this window, sample results are unreliable.
 - ✓ Keep the sample warm (body temperature) during transportation; we suggest putting it inside of your shirt.
- 2) Produce a sample at USC
 - ✓ You will be provided with a clean, private room, with a locking door.
 - ✓ We are aware of the sensitive nature of these procedures and will do our best to make your visit as relaxed as possible.

Instructions:

- Please abstain from any type of sexual activity (intercourse, masturbation) for 2-4 days prior to collecting the sample. A time interval of less than 3 days or more than 5 days may result in impaired semen quality.
- Masturbation is the preferred method of collection.
- We do not recommend the use of lubricants. If lubrication is necessary, we recommend the use of *Pre-Seed*. Try to avoid contamination of your specimen with lubricant.

Results will be available to your physician within 7 business days. Please schedule a follow-up clinic visit to discuss the results.

Financials:

- USC will bill your insurance, and typically the private clinics will not.
- It is the patient’s responsibility to confirm that their insurance covers semen testing (fertility “diagnostic testing”).
- After vasectomy, the semen should be checked at USC, and it is part of the vasectomy package.
- If the insurance does not cover semen testing (for fertility) the cost is typically \$150 at Norris and \$325 at Verdugo. At private clinics it is typically \$150 (call the individual clinic to schedule an appointment and get a quote).

Some of the private fertility clinics that offer semen testing include:

- USC Center for Reproduction (Downtown) 213-975-9990
 - Reproductive Partners (Beverly Hills) 310-855-2229
 - HRC (Pasadena) 626-440-9161
 - Reproductive Partners (Redondo Beach) 310-318-3010
 - If you have it done at a private clinic, you will need a paper prescription and an appointment for the semen analysis
 - You can get a specimen cup either from USC or from a local drug store.
- ❖ If you have any questions, call 323-865-3700. For questions after normal office hours, call 323-442-8500.